



The Consortium for  
Psychoanalytic Research  
[www.CPRincdc.org](http://www.CPRincdc.org)

## Good and Bad Aggression in Kids: An Evidenced-based Approach for Clinicians

HENRI PARENS, M.D.

**Sunday, February 3, 2008**  
**8:30 A.M. – 4:30 P.M.**  
**Sibley Hospital, Ernst Auditorium**  
**Washington DC 20016**

### 15th Annual Conference

Jointly sponsored by  
**Washington Professionals for the Study of  
Psychoanalysis**  
**American Academy of Psychoanalysis and  
Dynamic Psychiatry**

## The Program

Aggression is often the underlying issue in clinical work. Knowing how individuals learn to express and manage aggression in the course of development is basic to facilitating adaptation and emotional growth in therapy. Henri Parens' 37-year longitudinal study of the interaction of children and parents over childhood aggression shows how parental evaluation and management of a child's aggression influences the way that individual expresses aggression later in life. Parens will present the theoretical concepts and research findings that form the basis of *Parenting for Emotional Growth*, an educational series to help parents develop appropriate skills to manage their children's aggression. Participants will have an opportunity to complete an actual module of the Workshops on Aggression. They will evaluate the educational effect of the module by comparing their pre and post workshop attitudes. Parens will also present the findings of the long-term followup study. Discussants will consider the applications of these concepts and research findings to clinical practice for both adult and child patients, and for community-wide preventive mental health interventions.

This is our first child-focused program. Participants will explore the value of a well informed theory of early development in forming researchable questions, the answers to which make useful contributions to the psychotherapy not only of children but also of adults.

### Morning Session

8:30 A.M.	Registration & Continental Breakfast
8:45 A.M.	Welcome & Introduction
9:00 A.M.	The Original Project
10:15 A.M.	Pre Instrument Completion & Break
11:00 A.M.	Workshop on Aggression & Post Instrument Completion
12:00 – 1:00 P.M.	Lunch

### Afternoon Session

1:00 P.M.	Review of Follow-Up Studies at 19 <sup>th</sup> and 37 <sup>th</sup> Year
2:00 P.M.	Interactive session: Participants and presenter
2:15 P.M.	Panel Discussion
3:00 P.M.	Interactive session with discussion of findings from workshop
4:15 P.M.	Summary and Conclusions

## Program Objectives

At the conclusion of this presentation participants will be able to: (1) identify the effects on the adult personality of different parenting styles to manage early childhood aggression; (2) develop individual treatment plans – for adults and children – that promote recognition and management of 'good' and 'bad' aggression in childhood, and (3) participate in community programs that educate parents on techniques to cope with maladaptive childhood aggression in ways that promote emotional growth.

## Continuing Education Credits

**For Psychologists:** Washington Professionals for the Study of Psychoanalysis is approved by the American Psychological Association to sponsor continuing education for psychologists. 6 hours of credit, category A will be awarded. The Washington Professionals for the Study of Psychoanalysis maintains responsibility for this program and its content.

**For Social Workers:** 6 hours of Category 1 credit will be awarded. Washington Professionals for the Study of Psychoanalysis has been approved by the Maryland Board of Social Work Examiners as a sponsor of accreditation of continuing education for social workers.

**For Physicians:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Psychoanalysis and Dynamic Psychiatry and the Consortium for Psychoanalytic Research, Inc. The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this educational activity for a maximum of 6 AMA PRA Category 1 Credits™.

Information is on record indicating that participating faculty members have no significant financial relationships to disclose. Faculty members have indicated that they have no conflicts of interest.

The Consortium for  
Psychoanalytic Research

5454 Wisconsin Ave. • Suite 1435  
Chevy Chase, MD 20815

**Fifteenth Annual Conference**  
**February 3, 2008**

## Faculty

**Henri Parens, M.D.** is a Holocaust survivor and currently Professor of Psychiatry at Jefferson Medical College and Training and Supervising Analyst in the Psychoanalytic Center of Philadelphia. He is author of 14 books and many publications, and the recipient of more than 16 honors and awards from medical and lay groups. His principal research and public health efforts are in the prevention of experience-derived emotional disorders. Dr. Parens and his colleagues developed extensive evidence-based protocols to help adults understand and support normative emotional growth in children.

**Bonnie Gallagher, LICSW** completed the Adult Psychotherapy Program of Baltimore-Washington Institute for Psychoanalysis. She serves on the D.C. Board of Social Work and is president of the Association for Psychoanalytic Thought. Ms. Gallagher is in private practice in the District of Columbia and also works in community-based mental health settings, including the D.C. Department of Mental Health, School Mental Health Program.

**Michael Houston, M.D.** is Associate Clinical Professor in Psychiatry and Pediatrics at the George Washington University Medical School. He is president of the Washington Psychiatric Society and a past-president of the Child & Adolescent Psychiatric Society of Greater Washington. A graduate of the Washington Center for Psychoanalysis, he is in private practice in Chevy Chase, MD.

**Olga Acosta-Price, Ph.D.** is Co-Director of the Center for Health and Health Care in Schools and Associate Research Professor in the Department of Prevention and Community Health in the George Washington University School of Public Health and Health Services. A licensed clinical psychologist, she manages a multi-site program to address the emotional and behavioral needs to refugee youth and their families in school connected mental health services.

**Chester Jean, M.D.\*** is a Fellow in Child and Adolescent Psychiatry at the Walter Reed Army Medical Center and a member of the Department of Psychiatry of the Uniformed Services University of the Health Sciences.

**Sheila Hafter Gray, M.D.\*** is a Teaching Analyst in the Baltimore-Washington Institute for Psychoanalysis and Adjunct Professor of Psychiatry in the Uniformed Services University of the Health Sciences.

\*Disclaimer: The opinions or assertions expressed at this conference are the private views of the presenters and are not to be construed as official or as reflecting the views or policies of the Department of Defense or any of its affiliated institutions.

## The Consortium

The Consortium for Psychoanalytic Research, Inc. is a District of Columbia not-for-profit corporation that represents fifteen Baltimore-Washington area organizations interested in building a bridge between clinicians and clinically relevant research. In recent years, there has been burgeoning research on psychoanalytic psychotherapy that enhances understanding of the process and outcomes that characterize effective treatment. We have also seen the fruition of longitudinal studies of human emotional development that are informed by psychoanalytic concepts. The CPRinc sponsors yearly conferences to bring researchers and clinicians together to share data and ideas, with the aim of bridging the gap between the clinical and research communities.

## Consortium Members

American Society of Psychoanalytic Physicians

Association for Psychoanalytic Thought

The Baltimore-Washington Institute for Psychoanalysis

Clinical Social Work Institute

Columbia Academy of Psychodynamics

Greater Washington Society for Clinical Social Work

Institute for Contemporary Psychotherapy and Psychoanalysis

International Psychotherapy Institute

Jung Society of Washington

Jungian Analysts of Washington Association

New York Freudian Society

Washington Professionals for the Study of Psychoanalysis

Washington Psychiatric Society

Washington Psychoanalytic Society

Washington School of Psychiatry

### In cooperation with

The American Academy of Psychoanalysis and Dynamic Psychiatry

## Program Committee

Bonnie Gallagher, LICSW, Chair

Sheila Hafter Gray, M.D., Vice-chair

Ann Aukamp, M.S.W., BCD

Melanie Starr Costello, Ph.D.

Fonya Helm, Ph.D.

Fred Hilkert, M.D.

Gerald P. Perman, M.D.

Erminia Scarcella, M.D.

Ann-Louise Silver, M.D.

## Location

### Ernst Auditorium Sibley Memorial Hospital

5255 Loughboro Rd. NW  
Washington, D.C. 20016



**On-site parking is available. The fee is currently \$11.00 for the day.**

**Public Transportation:** Sibley Hospital is served by the D6 and M4 Metrobus routes. The D6 route connects with Metrorail at Stadium Armory, Union Station, Metro Center, Farragut Square and Dupont Circle in downtown Washington. The M4 connects with the Tenleytown Metro. Sibley is also served by the Number 23 Ride-On bus which connects at the Friendship Heights Metro. For information about transit schedules, call Metro information at 202-637-7000 or Ride-On at 240-777-7433

## Accessibility

Please contact us (Telephone 202-338-1955) in advance of the conference if you need any special accommodations to allow you to participate fully.

## Registration Form

*(Please duplicate for additional registrants)*

**Parking \$11.00 paid on day of conference.**

### Registration Fee:

\$55 general; \$30 full time students and active military, who must enclose official documentation of their status.

Continental breakfast and boxed lunch are included with advance registration.

Registration deadline:

**January 25, 2008**

**Name** \_\_\_\_\_

**Discipline/Degree** \_\_\_\_\_

**Address** \_\_\_\_\_

**City/State/Zip** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Fax:** \_\_\_\_\_



**Note:** Please contact us in advance of the conference if you need any special accommodations to allow you to participate fully.

Checks Payable to: Ann Aukamp, Treasurer, CPR

### Please send Registration Form and Check to:

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