



The Consortium for Psychoanalytic Research

Capturing Clinical Knowledge: Transforming Therapist Experience into Scientific Evidence

SHEILA HAFTER GRAY, M.D.

LEE DAVID BRAUER, M.D.

Sunday, March 6, 2005

9:30 A.M. – 4:00 P.M.

12th Annual Conference

Jointly sponsored by

**Jungian Analysts Association of the
Greater Washington, DC Metropolitan Area
Greater Washington Society for Clinical
Social Work**

**Washington Society for Psychoanalytic
Psychology**

**American Academy of Psychoanalysis and
Dynamic Psychiatry**

The Program

The evidence-based mental health movement poses a serious challenge to clinicians who use interventions that have not been established in large clinical trials. It spawned an evidence industry that places a premium on elaborate studies, such as randomized controlled trials, of a sort that have little relevance to daily clinical practice. These experts tend to devalue what ordinary good clinicians know and do; and the accumulated clinical information of generations of dedicated psychotherapists is approaching the status of an endangered species.

Program Objectives:

At the conclusion of this presentation participants will be able to: (1) discuss the position of psychodynamic therapies in evidence-based mental health care; (2) understand the advantages and limitations of retrospective case studies; and (3) plan a simple clinical study that can be implemented within the technical constraints of psychodynamic treatment.

Morning Session

9:30 A.M. Registration

Continental Breakfast

10:00 A.M. Part One

1. Bridging the gap between personal impressions and belief (i.e., no research) and randomized clinical trials (i.e. impossible research) in psychotherapy.

Sheila Hafter Gray.

2. Interactive presentation of Factors Associated with Outcome of Psychoanalysis.

Lee David Bauer.

12:15 P.M. Box Lunch

Afternoon Session

1:00 P.M. Part Two - How can we use the clinical data we have accumulated in our practices to begin a clinical research effort? Can we do this within the parameters of confidentiality and privacy? Mini-Lab

1. GAF and Adaptive styles.
2. Setting up the data shell for analysis and presentation.
3. Protecting privacy and the therapeutic alliance.

Drs. Brauer, Gray, Mitchell

4:00 P.M. Closing

The opinions or assertions contained in this presentation are the private views of the authors and are not to be construed as official or as reflecting the views or policies of the American Psychoanalytic Association, the Uniformed Services University, the Department of the Army, the Department of Defense or the United States Government.

Presenters

Sheila Hafter Gray, M.D. is Teaching Analyst at the Baltimore-Washington Institute for Psychoanalysis and Adjunct Professor of Psychiatry, Uniformed Services University of the Health Sciences.

Lee David Bauer, M.D. is Assistant Professor, Department of Psychiatry, University of Connecticut School of Medicine and Consultant, Committee on Psychoanalytic Practice, American Psychoanalytic Association.

Kristie D. Mitchell, M.D. is a Captain in the U.S. Army Medical Corps. She is currently senior resident in Psychiatry at the Walter Reed Army Medical Center.

Discussants

Elizabeth H. Thomas, Ph.D. is on the clinical faculty of the Clinical Social Work Institute and has a private practice with adults and couples in Chevy Chase, Maryland

Richard C. Fritsch, Ph.D. is Associate Professor of Clinical Psychology at George Washington University, a Teaching Analyst at the Washington Psychoanalytic Institute and has a private practice of psychoanalysis, psychotherapy and psychological testing in Chevy Chase, Maryland.

Chairperson

Diane C. Choate, M.S.W., Ph.D., Jungian psychoanalyst, has a private practice of psychotherapy and psychoanalysis with adults and couples in Washington, D.C.

The Consortium

The Consortium for Psychoanalytic Research represents thirteen Baltimore-Washington area organizations interested in building a bridge between clinicians and clinically relevant research. In recent years, there has been a burgeoning of research on Psychoanalytic psychotherapy that enhances our understanding of the processes and outcomes that characterize effective treatment. To this end, we sponsor yearly conferences that bring researchers and clinicians together to share data and ideas.

Location

**Ernst Auditorium
Sibley Memorial Hospital**
5255 Loughboro Rd. NW.
Washington, D.C. 20016

Consortium Members

American Society of Psychoanalytic Physicians
Erminia Scarcella, M.D.

The Baltimore-Washington Institute for
Psychoanalysis—Sheila Hafter Gray, M.D.

Clinical Social Work Institute
Irv Dubinsky, Ph.D.

Greater Washington Society for Clinical Social
Work – Beth Altman, M.S.W.
Debra Zatz, M.S.W.

Institute for Contemporary Psychotherapy and
Psychoanalysis—Ann Aukamp, M.S.W., BCD

International Institute of Object Relations
Therapy—Sheila Hill, M.S.W.

Jungian Analysts of the Greater Washington
Metropolitan Area,
Diane Choate, M.S.W. Ph.D.

New York Freudian Society
Janet I. Warren, D.S.W.

Washington Psychoanalytic Society
Ernest Wallwork, Ph.D.

Washington Professionals for the Study of
Psychoanalysis—Fonya Helm, Ph.D.

Washington Society for Jungian Psychology
Erminia Scarcella, M.D.

Washington Society for Psychoanalytic
Psychology—D. Robin Gerhart, Ph.D.

The Columbia Academy of Psychodynamics
Ann-Louise Silver, M.D.

Continuing Education Credits

For Psychologists, 5 hours of Credit (Maryland, Category A) will be awarded by Washington Society of Psychoanalytic Psychology which is approved by the Maryland Board of Examiners of Psychologists as sponsor of continuing education.

For Social Workers, 5 hours of Category 1 credit will be awarded. The Greater Washington Society for Clinical Social Work has been approved by the Board of Social Work Examiners as a sponsor of accreditation of continuing education for social workers.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Psychoanalysis and Dynamic Psychiatry (AAPDP) and the Consortium for Psychoanalytic Research. The AAPDP is accredited by the ACCME to provide continuing medical education for physicians. The AAPDP designates this educational activity for a maximum of 5 hours of Category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in this activity.

Note: Please contact us if you need any special accommodations to participate more fully.

Registration Form

(Please duplicate for additional registrants)
Parking \$8.00 paid at Lot Entrance

Registration Fee:
\$50 general; \$25 full time student.
Continental breakfast and boxed lunch included with advance registration.

Registration deadline:
March 4, 2005

Name _____

Discipline/Degree _____

Address _____

City/State/Zip _____

Phone: _____

Fax: _____

E-mail: _____



Checks Payable to: Debra Zatz, Treasurer.
Consortium for Psychoanalytic Research

**Please send Registration Form and
Check to:**

Debra Zatz
3000 Connecticut Ave NW
Suite 202
Washington, D.C. 20008